Nevada Health Response

COVID-19 PANDEMIC Weekly Situation Report

Friday, November 20, 2020





#MaskUpNV







SMARTER. STRONGER. HEALTHIER.

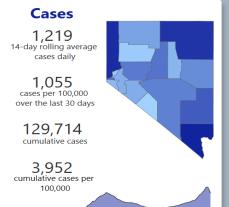


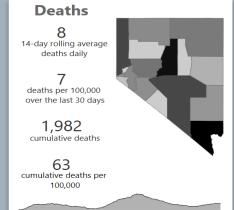


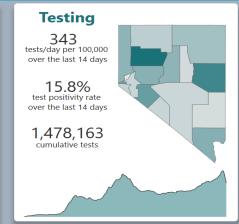


COVID -19 Nevada Statistical Data

For additional statistics visit Nevada Health Response













Confirmed and Suspected Hospitalizations

• Confirmed • Suspected

Confirmed and Suspected Intensive Care Unit (ICU) and Ventilator Utilization Confirmed or Suspected COVID-19 in Intensive Care Unit (ICU) Confirmed or Suspected COVID-19 on Ventilator Apr 2020 May 2020 Jun 2020 Jul 2020 Aug 2020 Sep 2020 Oct 2020 Nov 2020

Date ▼	Confirmed	Confirmed + Suspected
11/19/2020	0.7%	-0.4%
11/18/2020	2.8%	3.4%
11/17/2020	8.9%	7.5%
11/16/2020	3.2%	0.2%
11/15/2020	4.9%	5.9%
11/14/2020	4.6%	6.6%
11/13/2020	2.6%	4.1%
11/12/2020	7.9%	4.7%
11/11/2020	1.8%	-0.9%
11/10/2020	1.1%	5.8%
11/9/2020	4.4%	0.8%
11/8/2020	5.8%	1.5%
11/7/2020	3.0%	6.3%
11/6/2020	6.5%	7.3%
11/5/2020	6.9%	4.1%
11/4/2020	4.3%	6.3%
11/3/2020	3.6%	0.1%
11/2/2020	2.4%	2.5%

Percent Change in Hospitalizations

			Date			, .,	
County	Population	Total Cases	Cases per 100,000	Total Deaths	Deaths per 100,000	Total Tests	Tests per 100,000
Carson City	56,546	1,545	2,732	11	19	34,580	61,154
Churchill	25,876	638	2,466	8	31	12,416	47,984
Clark	2,318,174	101,933	4,397	1,670	72	1,135,589	48,986
Douglas	49,695	516	1,038	2	4	10,492	21,113
Elko	54,985	2,207	4,014	16	29	19,554	35,562
Esmeralda	974	5	513	0	0	187	19,199
Eureka	1,966	22	1,119	0	0	289	14,700
Humboldt	17,062	263	1,541	4	23	4,152	24,335
Lander	5,996	156	2,602	4	67	2,691	44,880
Lincoln	5,200	162	3,115	1	19	713	13,712
Lyon	57,987	743	1,281	14	24	10,734	18,511
Mineral	4,561	61	1,337	1	22	2,847	62,421
Nye	48,864	1,122	2,296	23	47	8,920	18,255
Pershing	6,962	46	661	0	0	6,800	97,673
Storey	4,465	31	694	0	0	248	5,554
Washoe	478,155	20,046	4,192	227	47	216,198	45,215
White Pine	10 586	218	2 059	1	9	8 554	80 805

Governor Sisolak Asks Nevadan to Voluntarily Stay Home to Stay Open

Governor Steve Sisolak: To preserve our State's economy, we MUST refocus on preventing the spread of COVID-19. We have to go back to the basics, which by now are common knowledge. Wearing masks, maintaining social distance of at least six feet and limiting the risk of exposure are the ONLY ways we can keep going. The only proven way to control the current widespread transmission of COVID is to decrease mobility - that means staying home as much as possible.



Recommendations:

- If you don't have to go out, don't go out. Reduce your time in public to what is necessary and limit
 any and all exposure to those outside your household. Think about changes like ordering groceries
 for delivery instead of going into the store.
- Avoid gatherings large and small. Our businesses are doing what they can to keep employees and customers safe, but we need those employees & customers to practice all public health measures at home as well.
- Do not have people outside of your household over for dinners, parties, or other gatherings at your home. Connect over Zoom or the phone.
- Employers and office spaces: Telework as much as possible -- if employees can do their jobs from home, have them do so for the next two weeks. If employees must be in the workplace, they need to always wear face coverings and meetings should be done virtually from individual offices instead of in conference rooms or shared spaces.
- Commercial and governmental employers: Avoid crowded meetings and indoor events, like birthday
 or retirement parties. Keep the number of people in meetings to a bare minimum, keep the meetings
 short and wear face coverings for the duration.
- Faith leaders and places of worship... review and remind the faithful of all safety protocols. We've witnessed in other parts of the country significant spread from wedding celebrations and other church gatherings. From synagogues to mosques, to churches and chapels, please take all necessary measures so we can continue worship.

Governor's Directives and Declarations

Complete list of Directives and Declarations

- Declaration of Emergency Directive 034 Youth Sports
 - ✓ Nevada Guidance for Adult & Youth Sports
 - ✓ COVID Screening Guide Sports
 - ✓ COVID Screening Check In Sports
- Declaration of Emergency Directive 033 Updated Guidance for Safe Gatherings
- Nevada Guidance for Safe Gatherings Celebrations, Ceremonies, and Events
- Large Gathering Venue COVID-19 Preparedness & Safety Plan Submission Guide
- > Places of Worship, Life-Rites Ceremonies and Gatherings Celebrations, Ceremonies, and Events
- > COVID-19 Guidance for Gatherings at Private Residences
- Comprehensive List of Screening Documents
 - ✓ COVID-19 Screening for Employees Guide
 - ✓ COVID-19 Screening for Employees Guide (Spanish)
 - ✓ COVID-19 Screening for Employees Sign In Sheet
 - ✓ <u>COVID-19 Screening for Employees Sign In Sheet (Spanish)</u>
 - ✓ COVID-19 Screening for Visitors Guide
 - ✓ COVID-19 Screening for Visitors Guide (Spanish)
 - ✓ COVID-19 Screening for Visitors Sign In Sheet
 - ✓ <u>COVID-19 Screening for Visitors Sign In Sheet (Spanish)</u>
- Comprehensive List of Signage Documents
 - ✓ <u>Capacity Signage Landscape</u>
 - ✓ <u>Capacidad Limitada Signage Landscape</u>
 - ✓ <u>Capacity Signage Portrait</u>
 - ✓ <u>Capacidad Limitada Signage Portrait</u>
- ➤ <u>Directive 031 Extension of Residential Evictions Moratorium (08-31-2020)</u>
 - ✓ Guidance for Tenants and Landlords Under Directive 031 FAQs
 - ✓ Orientación para inquilinos y propietarios según la Directiva 031 Preguntas frecuentes
- Declaration of Emergency Directive 030
- Road to Recovery: Moving to a New Normal

COVID-19 Testing in Nevada

Testing is crucial to help treat, isolate or hospitalize people who are infected. Testing also is important in the bigger public health picture on mitigation efforts, helping investigators characterize the prevalence, spread and contagiousness of the disease.

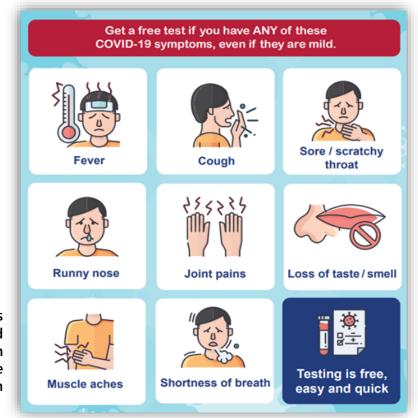
Expanding testing plays a major part in influencing the state's continuous adjustment of prevention and control measures. Additional testing gives officials the ability to inform Nevadans of their conditions, knowledge that could contribute to focused social distancing and further slowing

community transmissions.

COVID-19 data and test results that include people who don't show symptoms ("asymptomatic") can provide a more accurate understanding of how the virus is spreading. Identifying asymptomatic cases provides information on how the virus impacts the communities in Nevada.

Community based COVID-19 tests are available at no cost at centers and select pharmacies. The Families First Coronavirus Response Act ensures that COVID-19 testing is free to anyone in the U.S., including the uninsured.

While testing criteria for coronavirus disease (COVID-19) have been expanded in Nevada to include individuals with and without symptoms, each testing site has its own criteria, which is indicated in the results below.



Testing location information is provided and maintained by <u>Castlight: COVID-19 Resource Center.</u> (Locations are not endorsed or vetted by the NV Department of Health and Human Services.) Testing sites can be searched by specific location or county.

Two types of tests available for COVID-19:

- ✓ <u>Viral tests</u> tells you if you have a current infection.
- ✓ <u>Antibody tests</u> tells you if you had a previous infection. <u>Report incorrect information about testing sites here.</u>

Medicaid covers COVID-19 testing for most uninsured Nevadans. Most who are either uninsured or enrolled in a limited benefit Medicaid eligibility group may be eligible for coverage. There is no resource or income test for this group. In addition to being uninsured (enrolled in a limited benefit Medicaid eligibility category), individuals must be Nevada residents, a U.S. citizen, or have qualifying immigration status and provide a social security number to qualify. Apply here.



The Centers for Medicare and Medicaid Services (CMS) is recommending that residents of nursing homes nationwide *not leave* their facilities during the holidays.

"We also know that some residents may want to leave the nursing home temporarily to visit family and friends for the holidays or other outings," CMS administrator Seema Verma said in a signed letter (attached). "While CMS supports family engagement and a resident's right to leave the nursing home, everyone needs to work together to take extra precautions to help reduce the spread of COVID-19, which can pose an elevated danger to the health of nursing home residents."







Should a resident ultimately choose to leave the nursing home, CMS is providing the following recommendations:

- Limit close contact (maintain physical distancing of six feet or more), keep gatherings as small as possible, and use technology to engage with others remotely;
- Wear facemasks or cloth face covering at all times (including in cars, homes, restaurants, etc.);
- ➤ Limit contact with commonly touched surfaces or shared items;
- ➤ Keep safe around food and drinks. Avoid communal serving utensils, passing of food, potluck or buffet style food service, and instead opt for individually prepared plates by a single server;
- > Perform hand hygiene often (e.g., wash hands with soap and water or alcohol-based hand sanitizer);
- > Avoid large gatherings, crowded areas, and high-risk activities such as singing;
- > For those attending a gathering, avoid contact with individuals outside of their household for 14 days prior to the gathering;
 - If possible, conduct gatherings outdoors. Indoor gatherings should have good ventilation, open windows and doors if possible;
- > Verbally greet others instead of shaking hands or giving hugs. Think ahead about how you will manage to prevent physical interactions with loved ones of different ages such as young children; and
- Check local conditions and state requirements for precautions and restrictions, including positivity rates and quarantine requirements, before crossing state lines.

Contact tracing gives health officials the information needed to draw a road map of how COVID-19 is traveling throughout Nevada. This procedure aims to identify and alert people who have come into contact with a person infected. Your information will not be shared. The process begins at the point one of the health departments receives a positive lab report. If you get a phone call from a contact tracer, they will identify themselves and ask you for specific information.

The goals of contact tracing are:

- > To interrupt ongoing transmission and reduce the spread of an infection
- > To alert contacts to the possibility of infection and offer preventive services or prophylactic care
- > To offer diagnosis, counseling and treatment to already infected individuals
- > If the infection is treatable, to help prevent reinfection of the originally infected patient
- > To learn about the epidemiology of a disease in a particular population

 Contact tracing has been a pillar of communicable disease control in public health for decades.

Contact tracing involves:

- > Interview infected people to identify everyone they had close contact with
- ➤ Collect data on each case (discuss initial symptoms, when they were most infectious, what they did on those days, who they interacted with for at least 15 minutes within 6 feet of each other).
- > Follow-up with identified contacts and advocate they follow CDC health guidance.
- > Notify contacts of their potential exposure and refer contacts for testing.
- ➤ Monitor contacts for signs and symptoms of COVID-19.
- > Connect contacts with services they might need during the self-quarantine period.

Contract tracers will not ask for:

- > Social Security Number
- Money
- Salary Information
- > Bank, credit card, insurance or financial information
- Ask about your citizenship
- > Offer to sell you a COVID test kit



COVID Trace is a contact tracing mobile app developed by the Nevada Department of Health and Human Services that uses a technology called the Exposure Notifications System from Google and Apple. The app exchanges anonymous information with other phones in your vicinity and can notify you if you've come in contact with someone who has tested positive.



- √ The app uses Bluetooth to exchange random codes with nearby phones.
- Every day, it checks a list of random codes from people who tell the app they tested positive.
- ✓ If it finds codes that match, the app notifies you that you've been exposed and explains what to do next.

How it works:

- ✓ Download the free COVID Trace app from the Apple or Android app store.
- ✓ Once you opt-in, the Exposure Notifications System will generate a random ID for your device. To help ensure these random IDs can't be used to identify you or your location, they change every 10-20 minutes.
- ✓ Your phone and the phones around you will work in the background to exchange these privacypreserving random IDs via Bluetooth. This is a passive process that begins once you opt-in and functions without the app open.
- ✓ Your phone periodically checks all the random IDs associated with positive COVID-19 cases against its own list.
- ✓ If there's a match, the app will notify you with further instructions from the Department of Health and Human Services on how to keep you and the people around you safe.

Protecting your community. And your privacy.

With the COVID Trace app, you don't have to choose between your privacy and the health and safety of your community. The app was designed to protect and preserve your privacy. It doesn't use GPS and can't share your location or information.

No one will know:

- √ Your location, name or address
- ✓ Your health information
- ✓ Who you met
- ✓ Who tested positive

Download now for free.





Learn more about how the COVID Trace works

The Power to Fight the Flu is in Your Hands

The more people vaccinated; the more people protected.

Do your part. Get a flu vaccine today.

Because of the COVID-19 pandemic, reducing the spread of respiratory illnesses, like flu, is more important than ever to protect yourself, your family and your community. A flu vaccine this season can also help reduce the burden on our healthcare systems responding to the COVID-19 pandemic and save medical resources for care of COVID-19 patients. CDC has worked with vaccine manufacturers to have extra flu vaccine available this flu season.

Don't know where to go to get your flu vaccine? Whether you have health insurance or not, visit <u>Find a Vaccine Provider</u> for the calendar of events and flu vaccination clinics throughout Nevada.



Anyone can get the flu (even healthy people), and serious problems related to the flu can happen at any age, but some people are at high risk of developing complications if they get sick.

This includes:

Vaccine

Vaccine

- Children younger than 5, especially under 2 years
- > Adults 65 years of age and older
- Pregnant women (and women up to 2 weeks postpartum)
- Residents of nursing homes and other long-term care facilities
- People with chronic medical conditions (such as asthma, diabetes, or heart disease)
- People with weak immune systems from disease or medication (such as those having chemotherapy for cancer)
- American Indians and Alaskan Natives

COVID-19 Vaccination Assurance

Officials understand that some people may be concerned about getting vaccinated once a COVID-19 vaccine is available in the United States.

While these vaccines are being developed as quickly as possible, routine processes and procedures remain in place to ensure the safety of any vaccine that is authorized or approved for use. Safety is a top priority, and there are many reasons to get vaccinated.

A summary of the COVID-19 vaccine benefits can be found here.

Ensuring the Safety of COVID-19 Vaccines in the United States.

Review a copy of Nevada's COVID-19 Vaccination Plan here.

Battle Born Business Nominations

When it comes to COVID-19 safety, Les Schwab knows where the rubber meets the road. Deemed an essential business to keep Nevada moving, Les Schwab in Carson City stayed open with plenty of precautions in place.

The company took the pandemic very seriously and since the beginning has been following CDC and WHO protocols. To keep their store open a deep-cleaning crew was brought in at the beginning of the pandemic. They placed social distancing placards on the floors to help guide customers and the waiting room chairs were also relocated for social distancing.



All high-contact areas are cleaned constantly, and sneeze guards were installed at all points of contact. All employees and customers must wear a mask, and if a customer does not have one a mask is provided. They have shut down the store's popcorn and coffee bar as well.



Customers also have the opportunity to wait outside if they feel more comfortable. All customer vehicles are wiped down before and after service, including the steering wheel, door handles, keys, gear shifts and other high-contact areas.

"Les Schwab is always concerned about customer safety and in this environment making sure everyone feels safe is so important," said Dale Thompson, the chief marketing officer at Les Schwab. "Tires is in our name, and you have to be able to steer those tires and stop those tires, and ultimately feel safe in our store but also in your vehicle."

Rick Sprouse, the regional area manager for Northeastern California and Nevada, said, "We have been in business for more than 65 years, in these truly unprecedented times we are constantly monitoring the climate. We need to be able to provide essential services, from getting groceries to filling prescriptions, we want to support every business in town."

My Coronavirus Story

COVID-19 affects people in different ways.

Share your story, at: NVcovidStory@gmail.com

Sean Southam, of Henderson Nevada, got together with a small group of close friends and family members at the end of September to watch the presidential debates.

The next day he started to feel tired and his body ached. He didn't think anything of it, just that he was tired, worn out, and brushed it off.

Two days passed and Sean knew that something was wrong as his symptoms continued to progress. He decided it was time to take action and went to his doctor to get tested for COVID-19. Sean's test came back positive, he had contracted COVID-19. Sean started to get a stuffy nose, head congestion and his body continued to ache. The fatigue was constant throughout.



Eventually, Sean's symptoms did include the loss of taste and smell for about a week. "That was weird, my senses were definitely dulled," recalls Sean. As a result of his positive test Sean did notify his work and quarantined for 14 days. He was able to work from home for a bit during this time.

Sean is now recovered and back to work. Sean does notice that the fatigue is lingering. He comments that he especially notices it at the gym as his workouts are still not back to 100%. Sean cautions others, "Be sure to wear your face coverings and be aware of even small gatherings."

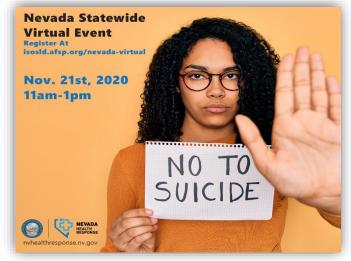
Division of Public and Behavioral Health Call 2-1-1 or visit nevada211.org for information and referrals to health, human and social service organizations.

As Nevadans continue to address the impacts of COVID-19 on their physical, mental, and emotional health, the state is offering resources across all platforms. Last year, Nevada had the 11th highest rate of suicide in the nation and was double the national rate. According to the Nevada Coalition for Suicide Prevention, suicide is the leading cause of death for Nevadans ages 12-19, and the second leading cause of death for

those 20-44.

In 1999 to decrease those numbers, Senator Harry Reid introduced a resolution to the Senate which led to the creation of National Survivors of Suicide Day. This year, there will be a virtual event on Saturday, November 21 from 11:00 a.m. to 1:00 p.m. where survivors of suicide can talk about their shared experiences.

Those interested in attending can so here. If you or someone you know is contemplating suicide or needs mental health support, call Crisis Support Services of Nevada at (800) 273-8255, or text CARE to 839863 to speak with someone now.



- Nevada Community Resources: Offers programs that provide immediate assistance to women and men who have experienced domestic abuse.
- Nevada Victims of Crime Programs: Provides immediate financial assistance to qualified victims of violent crimes.
- Nevada Domestic Violence Programs: Advocates for the prevention and elimination of domestic and sexual violence through partnering with communities.
- National Domestic Violence Hotline: Helps victims and survivors of domestic violence Call (800) 799-7233 or text LOVEIS to (866) 331-9474, TTY 1-800-787-3224.
- > SafeNest: Provides crisis services to anyone experiencing abuse. Call/Text: (702) 646-4981.
- National Sexual Assault Hotline: Call (800) 656-HOPE (4673)
- Crisis Support Services: Call 1-800-273-8255; text CARE to 839863 for 24/7/365 crisis services.
- <u>SafeVoice</u>: Provides students a safe place to submit tips concerning their own safety or that of others. Call 1-833-216-SAFE (7233) Available 24/7/365. Tips always stay anonymous.
- <u>Children's Mobile Crisis Team:</u> Supports youth and families of youth in crisis over the phone so that the proper care is given. Support includes telephone triage, crisis response, crisis stabilization, and after care. Rural and Southern NV (702) 486-7865 Northern NV (775) 688-1670
- National Suicide Prevention Lifeline: Offers you or someone you know with emotional support, for helpful resources call 1-800-273-TALK (8255). Lifeline is free, confidential.
- Veterans Crisis Line: Supports veterans in crisis and their families and friends (800)273-8255 (press 1) or text 838255. TTY (800) 799-4889



The Division of Employment, Training and Rehabilitation has launched a COVID-19 filing system for Nevadans who have been affected by the pandemic to receive benefits. This is separate from filing for traditional unemployment insurance benefits.

Pandemic Unemployment Assistance

Federal program providing up to 46 weeks of benefits for the self-employed, 1099 contract workers, and gig workers.

Online: detr.nv.gov/pua# File at: www.employnv.gov

Phone: 800-603-9681, 775-298-6007 or 702-329-6699 Monday - Friday 8 a.m. to 8p.m. Saturday 8 a.m. to Noon

Extended State Benefits (SEB)

- ➤ After exhausting your regular benefits, claimants may be eligible for an extension. You must apply for each extension and will be directed to apply on your dashboard.
- ➤ For the UI program, Senate Bill 3, passed during the special session, adds up to 7 weeks to the current SEB of up to 13 weeks.
- > Claimants cannot receive PUA, PEUC or SEB while receiving regular UI benefits.
- ➤ The number of potential weeks for PUA eligibility is 39 weeks; SEB benefits authorized in SB3 adds up to an additional 7 weeks which brings the potential PUA benefit total up to 46 weeks or until the end of the program, 12/26/20.
- ➤ DETR is finalizing computer programming to allow for issuing of additional 7 weeks of benefit payments to eligible claimants who have exhausted their PUA benefits. Claimants will automatically have weeks added if the 39 payable weeks are exhausted prior to the end of the program, 12/26/20. More information is online here.

Nevadans are encouraged to remain vigilant and report fraud and related scams to DETR.

- ✓ File a report with DETR about unemployment fraud.
- ✓ Get instructions on what to do with debit cards erroneously sent to your address.
- ✓ View additional steps individuals and employers can take should they believe a fraudulent claim has been filed.
- Access additional reporting resources such as the FBI and Federal Trade Commission.
- ✓ Additional information and resources related to unemployment fraud.



Reporting fraud in Nevada is done online by using the State's Fraud Reporting Form which can be utilized by individuals and employers alike.



- Utility Imposter Utility companies don't make demands for cash. Legitimate reps will explain how to make a payment using their established payment options/programs.
- **COVID -19 Clinical Trial** Is it real or fake? Learn how to tell the difference in this report.
- ➤ **Unemployment Insurance** You may be prosecuted for felony theft. Collecting benefits based on false, misreported, or unreported information is fraud. If you are filing or reopening a claim, or certifying for benefits, you are legally responsible to follow the requirements set by State law. File an UI claim File an UI Fraud Report
- **Contact Tracers** Tracers need health information. Don't pay, give out your social security number or financial info to a contact tracer.
- **CDC or WHO** Watch for emails and calls claiming to be from a government agency. Don't click on links from sources you don't know.
- ➤ **COVID-19 Treatment** Nationwide marketers making unsubstantiated claims that their products and therapies can prevent or treat COVID-19. <u>FTC Details</u>.
- **PPE Supplies** Before you order from a supply company; research the company, know the terms of the sale, and pay by credit card.
- > **Donations** Do your homework.

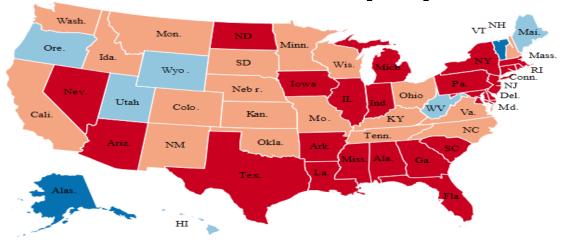
 Never donate in cash, by gift card, or by wiring money.
- > **Stimulus Packages** Don't give out your social security number, bank account, or credit card number to receive your payment.
- Government Grants Scammers ask you to complete a grant application and request your bank account information to transfer funds.
- **Job Opportunities** Scammers pay for online ads, promising you ways to earn money online. But <u>do your research</u> before you sign up and certainly before you pay. <u>Avoid job scams</u>
- Mortgage It's illegal for companies to charge you before they help you with <u>your mortgage</u>. Talk with a <u>legal services organization</u> first.
- **WhatsApp/Facebook** Messages offering money to people in need through grants, coupons for food support, or other giveaways. They're fake, and not from those companies.
- **Evictions -** a temporary order to stop evictions due to the COVID-19 pandemic. While the order provides relief to a large group, there are some important things <u>You need to know.</u>
- **Rate Schemes** It is illegal for a company to charge a fee before performing a debt relief service. Report credit card interest schemes to: FTC complaint
- Students Don't click on a link to get a message that needs to be opened through a portal link requiring your university login. It's a <u>phishing scam</u>.
 Page 12

USA COVID -19 Data

Number of confirmed Covid-19 deaths per 100,000 Americans

Fewer than 10
At least 10 per 100k
At least 25 per 100k
At least 50 per 100k

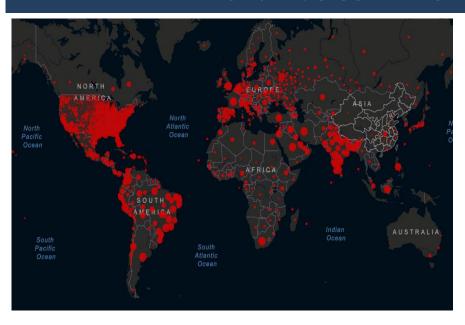
Confirmed Cases: Deaths: 11,808,698 253,458



U.S. State Department – Travel Advisory

- GAL Son
 - U.S. Department of State Travel Advisories
 - Update on U.S. Passport Operations
 - COVID -19 Travel Information
 - Smart Traveler Enrollment Program

Worldwide COVID-19 Data



Total Confirmed Cases 57,309,785

Total Deaths 1,369,117

*U.S. State Department

*Centers for Disease Control and Prevention